
A randomised controlled multicentre trial of treatments for adolescent anorexia nervosa including assessment of cost-effectiveness and patient acceptability - the TOuCAN trial

Gowers SG, Clark AF, Roberts C, Byford S, Barrett B, Griffiths A, Edwards V, Bryan C, Smethurst N, Rowlands L, Roots P

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Citation

Gowers SG, Clark AF, Roberts C, Byford S, Barrett B, Griffiths A, Edwards V, Bryan C, Smethurst N, Rowlands L, Roots P. A randomised controlled multicentre trial of treatments for adolescent anorexia nervosa including assessment of cost-effectiveness and patient acceptability - the TOuCAN trial. Health Technology Assessment 2010; 14(15): 1-98

Authors' conclusions

This study provides little support for lengthy inpatient psychiatric treatment on clinical or health economic grounds. The health economic analysis and user views both support NICE guidelines, which suggest that anorexia nervosa should be managed in specialist services that have experience and expertise in its management.

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Indexing Status

Subject indexing assigned by CRD

MeSH

Anorexia Nervosa

Language Published

English

Country Code

United Kingdom

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AccessionNumber

32001000789

Database entry date

25/07/2001

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